The Relation between "Temperature" and "Oesophageal Cancer"

The British Medical Journal study found that drinking black tea at temperatures of 70°C or higher increased the risk. The risk is linked to regularly consuming very hot drinks. There has been a theory that regularly drinking very hot drinks damages the lining of thegullet. Compared with drinking warm or lukewarm tea (65°C or less), drinking hot tea (65-69°C) was associated with twice the risk of oesophageal cancer, and drinking very hot tea (70°C or more) was associated with an eight-fold increased risk. Hot drinks is not an absolute factor causing "Oesophageal Cancer", but it is the dangerous one.

When is it time to drink hot drinks to prevent getting "Oesophageal Cancer" & How to learn the temperature?

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